



"When you're sleeping in a shelter at night, you have to carry all of your stuff around during the day. It's exhausting. I don't sleep very well. It's noisy in the shelter and can be pretty scary at times too. I know I can get a few moments of peace while sipping a cup of joe at the Casey House morning drop-in program, or get something warm into my belly during the lunch time meal." — Steve



Hug for physical contact

You could choose to give a warm hug in the form of physiotherapy or massage treatments. You will hug someone like Mary*.

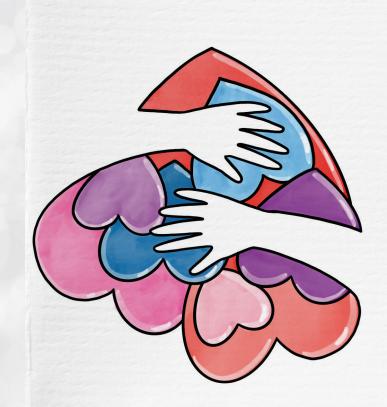
"When you are HIV-positive, no one really wants to get too close, let alone touch you. For a while, the only time I felt the touch of another human being was during my monthly massage at Casey House. I can't tell you what that meant to me." — Mary



will you give Which kind of Hug

loving hug that shows how much you care. nourishment and support. Your gift is a House clients and patients with healing, Your loving gift today will provide Casey

gift you make will actually provide TWO loving "hugs"! thanks to a generous matching gift offer. That means each PLUS: Your gift today will be worth TWICE as much



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of the loving hugs listed inside! Can't decide? You can choose to give all







*names and personal information have been changed to protect privacy

Hug for comfort

You might choose a warm hug in the form of physical comfort items like pillows or blankets. You will hug someone like Dave - and his brother Rick.



"My brother received a blanket when he needed it at Casey House. During his last days, one of the wonderful Casey House staff called me and asked if I could bring an extra blanket in for Dave. Due to circumstances, I couldn't get my hands on one that day. When I came in that evening to visit, the staff had bought a blanket and laid it on his bed for him. That meant so much, knowing they cared about Dave." - Rick



100 Hugfor clothing

You can give a warm hug in the form of clean, warm clothes (socks, underwear, jogging pants, mitts, scarves, hats boots and winter coats) for someone like Sam.

"Shelter life is not for everyone, especially if you have HIV. I do my best to sleep outside when I can. The Casey House Winter Warm Up program has helped me big time. I received a sleeping bag, jacket, t-shirt and hat and gloves. "- Sam



Hug for medical care

With this gift, you will provide a hug in the form of essential medical supplies like ankle and knee braces, eye exams and glasses – accompanied by support from a loving and trained staff member. You'll hug someone like Farhad.



"After a few visits to the winter warm

up coffee mornings, one of the kind staff people noticed I was squinting a lot, and having trouble reading anything. She mentioned that they could get me set up with an eye exam and even help pay for glasses. And now... I can finally read again! I had no idea it had gotten so bad. I'm really grateful she said something." — Farhad

Hug for personal care



Hug for Home

bedding.

This gift will provide a warm hug in the form of personal care items such as a toothbrush, toothpaste, deodorant, razor, shaving cream, and other essentials. Packs are customized with feminine hygiene products for women as well.







Your loving gift will provide a hug in the form of the essentials needed for people to return to a safe and healthy home, including pots, cutlery, mattress or



Hugs for peace, love and care



You can give a mix of special hugs designed for one Casey House client and patient, tailored to meet their needs.

